

Managing Big Emotions and Challenging Behaviours

1,2,3 Magic and emotion coaching

FOR PARENTS!

This is a group for parents and carers aimed at learning how to manage difficult behaviour in children 2-12 years old.

What you will learn:

- To engage your children's cooperation by positively encouraging them
- To set clear expectations and help them develop frustration tolerance
- To help children develop filtration for healthy behaviour
- To resolve family quietly
- Simple strategies to practice being a calmer parent



Groups run every term, please contact our office for more information on time and costs.