

SENSORY CHILD'S GUIDE TO RAPID ANTIGEN TESTING

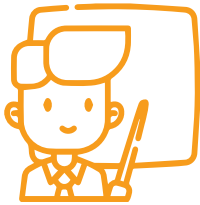
**DID YOU
KNOW?**

**DID YOU KNOW THAT
THERE ARE 2 RAT
TEST METHODS?
SALIVA & NASAL**



**THE THOUGHT
OF TESTING FOR
COVID-19 CAN BE
DISTRESSING
IT IS IMPORTANT
TO BE TRUTHFUL
DON'T HIDE THE FACT
THAT TESTING CAN BE
UNCOMFORTABLE**

EXPLAIN THE TESTING PROCESS



**WHY WE TEST?
HOW IS THE TEST
CONDUCTED?
HOW LONG DO YOU NEED
TO WAIT FOR A RESULT?**



**REASSURE!
REMINDE THEM THAT
EVERYONE IS DOING IT.
EVEN - TEST YOURSELF FIRST!**

HELP THEM FEEL COMFORTABLE

**A SAFE PLACE,
A TOY, A BLANKET
IF POSSIBLE – CHOOSE
THE TIME OF DAY THAT
WILL BEST SUIT TOO**



**REMINDE THEM IT IS A
QUICK MOMENT IN TIME
– THE TESTING PROCESS
IS OVER VERY QUICK**

**IF IT WORKS FOR THEM, LET THEM
KEEP IN CONTROL**

**LET THEM HOLD YOUR HAND
DURING THE SWABBING OR
EVEN LET THEM DO IT THEMSELVES**



**DON'T FORCE IT!
YOU CAN ALWAYS TRY AGAIN LATER
KEEP THE EXPERIENCE AS
POSITIVE AS POSSIBLE
THIS MIGHT NOT BE THE ONLY
TIME TESTING IS REQUIRED**



**SUCCESS!
USE THE WAITING
PERIOD TO ENGAGE IN
SOMETHING FUN.**

**READING A FAVOURITE BOOK,
DRAWING, BATH TIME**

**IF THE TEST IS POSITIVE,
REMINDE THEM NOT TO STRESS**



**IT'S TIME TO SPEND SOME
QUALITY TIME AT HOME**